



WHINS

GREEN KITCHEN

SPRING MENU

SERVED FROM 11.30AM TILL 5PM
(LAST FOOD ORDERS 4PM)

Tuesday to Thursday
2 Courses - £20.95
3 Courses - £25.95

VEGAN & VEGETARIAN CUISINE FRESHLY
PREPARED ON OUR OWN PREMISES

STARTERS

SPICY BUFFALO WINGS VG.....£7.95

ROASTED CAULIFLOWER WINGS COATED IN PANKO BREADCRUMBS,
BUFFALO HOT SAUCE AND A CREAMY CASHEW NUT RANCH DRESSING.

SOUP OF THE DAY VG GF OPTION.....£7.50

FRESH, HOMEMADE SOUP SERVED WITH CRUSTY BREAD.

NACHOS TO SHARE VG GF OPTION..... £15.50

TORTILLA CHIPS, SPICY CHILLI, GUACAMOLE, SALSA, YOGHURT, CORIANDER,
AND CHEESE.

BRUSHETTA VG.....£7.95

GRIDDLED BREAD, OLIVE OIL, CHOPPED TOMATO, RED ONION AND GARLIC
TOPPED WITH FRESH BASIL AND BALSAMIC VINEGAR.

MEZE PLATTER TO SHARE VG..... £16.00

SHARING PLATTER WITH OLIVES, BUFFALO WINGS, HUMMUS,
BEETROOT HUMMUS, CRUDITÉS, FLAT BEAD, WHINS SLAW AND BRUSCHETTA.

MUSHROOM & WALNUT PATE VG GF OPTION..... £6.95

A DELICIOUS BLEND OF PAN TOASTED WALNUTS, SAUTÉED MUSHROOMS,
GARLIC, ROSEMARY AND PARSLEY, SERVED WITH TOASTED SLICED BAGUETTE.

**ALL DISHES ARE PLANT BASED
AND SUITABLE FOR VEGANS**

VG VEGAN **V** VEGETARIAN **GF** GLUTEN FREE

MAINS

LASAGNA VG..... £16.50

A DELICIOUS CLASSIC, PACKED WITH FLAVOUR AND LAYERS OF DELICIOUS
ROASTED SEASONAL VEGETABLES, BÉCHAMEL, RICH TOMATO SAUCE,
SERVED WITH A CRISP SALAD.

ENCHILADAS VG..... £15.95

TWO FLOUR TORTILLAS FILLED WITH A MIX OF ROAST SWEET POTATO,
RED PEPPER, SPINACH, GARLIC AND BLACK BEANS AND TOPPED WITH AN
ENCHILADA SAUCE, LIME AND CASHEW NUT CREAM, CHOPPED CORIANDER
AND SPRING ONIONS.

POKE BOWL VG GF..... £16.50

WATER MELON IS BAKED IN A RICH MARINADE AND SERVED WITH AVOCADO,
RICE, EDAMAME BEANS, CARROTS, RADISHES, MIXED LEAVES AND FRESH
LIME, FRESH FRUIT AND A ZINGY MAPLE, SRIRACHA DRESSING.

THAI VEGETABLE & CHICKPEA CURRY VG GF..£15.95

A DELICIOUS LIGHT THAI CURRY MADE WITH COCONUT MILK, VEGETABLES,
PAK-CHOI, CORIANDER AND FRESH LIME AND SERVED WITH JASMINE RICE.

WHINS ULTIMATE BURGER VG GF OPTION..£16.50

OUR BEYOND MEAT BURGER IS A QUARTER POUND PATTY SERVED IN A
BRIOCHE BUN WITH CRISPY LETTUCE, BEEF TOMATO, VEGAN CHEESE,
MAYONNAISE, FRIED ONIONS, AMERICAN MUSTARD AND TOMATO KETCHUP.
SERVED WITH SKIN ON FRIES AND WHINS SLAW.

WHINS 'SPRING' ROLL VG..... £16.95

PEARL BARLEY, SPLIT PEAS AND OATS ARE COOKED WITH SEASONAL
VEGETABLES, HERBS, SPICES AND BAKED IN A CRISPY FILO ROLL. SERVED
ON A BED OF CREAMY POTATO AND TURNIP MASH, SPRING GREENS AND A
MUSTARD, WHISKY CREAM SAUCE.

CLUB SANDWICH VG GF OPTION.....£15.50

A THICK TOASTED SANDWICH PACKED AUBERGINE BACON, VEGAN CHEESE,
AVOCADO, LETTUCE, TOMATO AND MAYONNAISE. SERVED WITH SKIN ON
FRIES, SOUP OR A FRESH SALAD.

SIDES

SKIN ON FRIES VG.....£4.50

SWEET POTATO FRIES VG.....£4.95

SMALL SIDE SALAD VG.....£4.50

WHINS SLAW VG.....£3.50

DESSERTS

ASK FOR THE DAILY SELECTION FROM OUR CAKE FRIDGE

SUMMER PUDDING VG.....£6.95

SERVED WITH CREAMY PLANT-BASED CUSTARD.

FRUIT CRUMBLE VG.....£6.95

SERVED WITH CREAMY PLANT-BASED CUSTARD.

AMERICAN CHEESECAKE VG.....£6.95

ASK YOUR SERVER FOR THE FLAVOUR OF THE DAY.

JUDES VEGAN ICE CREAM VG.....£3.95

CHOCOLATE, VANILLA, COCONUT, STRAWBERRY, HONEYCOMBE,
SALTED CARAMEL, VANILLA AND MINT CHOC CHIP.